

2100 Lerona Avenue Rowland Heights, CA 91748-3945 ECR WSS Postal Customer

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2100 Lerona Avenue • Rowland Heights, California 91748 Telephone: (626) 965-5975, ext. 1569 or 1567

RECREATION DEPARTMENT GENERAL INFORMATION

Refund Policy: Please plan carefully, as there will be NO REFUNDS, CLASS TRANSFERS OR LETTER OF CREDIT. If the class is canceled by the Recreation Department, a full refund will be processed and mailed to you.

Make up Classes: There are NO Makeup classes if you miss a class. If a class is canceled due to weather or the instructor out ill, the Recreation Department will do its best to make the class up. The Makeup class will be made up at the end of the current session. If there are not enough extra weeks to have the makeup on its scheduled day, it will be scheduled on a different day of the week. If a makeup day is offered and you cannot attend there will be no refund or letter of credit.

Class Changes: No class changes will be made once a student is registered.

Parent Responsibility: Parent MUST be sure instructor is on site before leaving child and MUST be on hand PROMPTLY at the close of class to pick up child as instructor cannot be required to remain beyond class hours or be responsible for a child's safety outside the specified class time. A CASH CHARGE WILL BE ASSESSED FOR EARLY DROP-OFF & LATE PICK-UP. \$10 for the first 15 minutes, \$20 for 30 minutes and \$30 for 45 minutes. Parents Do Not Wait In Classroom Unless Noted In The Brochure.

Ages and Ability Level: Ages for proper class placement are noted. Please register for

PROOF OF AGE MAY BE REQUIRED.

Final decision of any changes will be made by the Recreation Department and/or

Clothing: Participants in physical activity classes should wear proper shoes and clothing. Children in dance classes need proper footwear. Instructors discuss apparel requirement at first class meeting.

Please Note: This brochure is printed weeks in advance of program beginning and changes in the schedule may occur. We reserve the right to make changes as necessary. Thank you for your understanding and cooperation.

The Rowland Unified School District does not discriminate on the basis of race, color, national origin, ethnic group identification, ancestry, religion, age, marital status, gender, sex, sexual orientation, physical mental disability, medical condition, and political belief or affiliation in admission or access to, or treatment of employment in, handicap, in its programs and activities including adult and vocational education.

MAIL TO: ROWLAND ADULT & COMMUNITY EDUCATION MAIL-IN REGISTRATION FORM 2100 Lerona Ave, Rowland Heights, CA 91748 PLEASE REGISTER BEFORE FIRST MEETING A \$5.00 non-refundable fee will be assessed on every registration MAKE CHECKS PAYABLE TO: Rowland Unified School District (RUSD) Age: Class Location: Student Name: _____ Age: _____ Class Location: Birthdate: _ Day: ______ Time: _____ Fee: Class#: _____ Title: NON-REFUNDABLE FEE: \$5.00 (WK.) Mom / Dad: ______ (CELL): _____ Telephone: (HM.) __ Charge My: Visa/Mastercard/AmEx Account# _____ CVC# on C.C. Exp. Date: Signature: A FULL REFUND WILL ONLY BE MADE WHEN A CLASS IS CANCELED BY THE RECREATION DEPARTMENT. Remember to READ ... SIGN ... and DATE the waiver below. I voluntarily agree to participate or have my children participate in this program, including special events, excursions and recitals. I realize that every precaution is taken to eliminate any injuries or hazards and that a competent supervisor is present. However, in the event of any injury to myself or my child, I hereby waive, release and hold harmless from any liability for damages or claims for which may arise in connection with the above-named activities, against the Supervisor, Department of Recreation Personnel and the Rowland Unified School District. PRINT NAME of PARENT / GUARDIAN / ADULT REGISTRANT: EMERGENCY PHONE NO.: SIGNATURE: Parents Initials: Please plan carefully as there will be NO CLASS REFUNDS or TRANSFER.



recreation.rowland.k12.ca.us (626) 965-5975 EXT. 1567

RECREATION OFFICE HOURS

Monday-Thursday: 1:00pm-5:00pm Friday: 12:30pm - 4:30pm Office Closed and No Classes Mon. Feb. 18, 2013

> **Coordinator: Colleen Bridgewater** Office Assistant: Dalmiro Navarro





BOARD OF EDUCATION

Judy Nieh, President Carv C. Chen. Vice President Robert F. Hidalgo, Clerk Heidi L. Gallegos, Member Gilbert G Garcia Ph.D., Member

MISSION

The mission of the Rowland Unified School District, the progressive international community united in learning, is to empower students so that each actualizes his or her unique potential and responsibly contributes to a global society, through a system distinguished by rigorous academics, innovative use of technology, creative exploration, and nurturing learning experiences.

VISION

"The Rowland Unified School District promotes, expects, and accepts nothing short of excellence. We have collective commitment to be the best school district in California."

CORE VALUES

Integrity • Respect • Safety Student-Centered Focus • Excellence Responsibility with Accountability

REGISTRATION BEGINS Mon. Jan. 14, 2013 Starting at 1:00pm SATURDAY REGISTRATION Jan. 26 & Feb. 2, 2013 | 9:00am-11:00am

REGISTRATION / CLASS INFORMATION

*** ALL STUDENTS MUST BE REGISTERED AT THE RECREATION OFFICE BEFORE GOING TO ANY CLASS. *** ONLY PARENT OR LEGAL GUARDIAN MAY REGISTER STUDENTS

Please note beginning date/time of your class which is listed on your receipt. All session fees must be paid at the time of registration regardless of attendance.

A \$5.00 NON-REFUNDABLE FEE WILL BE ASSESSED ON EVERY REGISTRATION.

Walk-In: Rowland Adult & Community Office, 2100 Lerona Avenue, Rowland Heights

Rowland Adult & Community Education Recreation Department reserves the right to cancel (without notice) any program due to lack of enrollment, in which case a refund will be issued. There will be NO makeup classes if you miss a class. Rowland Adult & Community Education-Recreation Office reserves the right to make changes of day, time, location or staff.

There will be NO IN-CLASS REGISTRATION. All registrations are to be processed at the RACE Office, Mail or FAX REGISTRATION PROCEDURES

Register during Recreation office hours. Fees can be paid in cash, check, Visa, Mastercard or American Express Mail-In: ALLOW ONE WEEK FOR DELIVERY BY MAIL

Use the Recreation Registration Form located on the back page of this flyer. Make check payable to: RUSD (Rowland Unified School District) A \$25 service charge is applied to all returned checks, sorry, no exceptions.

Mail registration form & check to: Rowland Adult & Community Education, 2100 Lerona Avenue, Rowland Heights, CA 91748

FAX Registration (626) 854-1191

Register by FAX - 1:00pm-5:00pm-- Once Registration Begins. You must use your Visa, Mastercard or American Express credit card to pay registration fees. Parent must completely fill out registration form located on the back of the brochure (PLEASE PRINT CLEARLY) and sign for the Credit Card Approval, Liability Clause and initial Refund Policy. FAX to the Recreation Office (626) 854-1191. Please call the office (626) 965-5975 ext. 1567 or 1569, Recreation, to confirm that we have received your FAX and the class you registered for is still available.

THE ARTS

ART, DRAWING & PAINTING for CHILDREN - 8 Weeks

Students learn how to create a specific type of artwork using different techniques and materials. Classes include a brief lesson, and an introduction to the subject and medium

All skill levels are welcome; individual attention given to each student

12501 Art/Drawing Ages 4-6 3:15-4:15pm Thursday 12601 12701 Ages 5-10 Ages 8-12 4:15-5:15pm 5:15-6:15pm Art/Drawing Thursday Thursday Art/Drawing Begins: Thurs. Jan. 31, 2013 Fee: \$69 Instr: Cyndy Hyun Loc: RACE Room 103

Material Fee: \$10 due at first class meeting

All Piano, Guitar, Drums & Voice classes are taught at: The Rowland Heights School of Music & Arts Location: 19271 E. Colima Rd., Suite H. Rowland Heights Director/Piano Instructor: Yolanda J. Fresnoza, Ed. D. PIANO FOR CHILDREN - 8 Weeks

A comprehensive beginning & continuing Piano course that can be applied to any keyboard. The fundamentals of music are taught in this fun class. There must be a minimum of 5 Students per class or classes will be combined.

Beg./Cont. Beg./Cont. 21400 21402 Ages 5-8 Wednesday 6:00-7:00pm 21501 Beg./Cont. Ages 9-13 Thursday 6:30-7:30pm

Begins: Tues. Jan. 29, Wed. Jan. 30 and Thurs. Jan. 31 Fee: \$110 Material Fee: \$25 for instruction book & instrument maintenance fee to be paid in cash, to the instructor, at the first class meeting. **You will need your own personal set of headphones with large prong adapter. You can purchase at: Radio Shack, or Target.

DRUMS, DRUMS, DRUMS - 8 Weeks

The moment you're born, you have that built in rhythm inside you. Students will enjoy this fun class while learning basic techniques of drumming, proper grip position, hand/wrist development, hand/foot coordination & more! There must be a minimum of 5 Students per class or classes will be combined. 23001 Beginning Ages 6-9 Friday 3:30-4:30pm

23110 Beg./Cont Ages 10-16 Friday Begins: Fri. Feb. 1, 2013 Instr: Dio Avila

Loc: Rowland Heights School of Music & Arts Fee: \$100 \$20 for instruction book & maintenance fee to be paid in cash, to instructor, at the first class

meeting. Students must bring drumsticks and a drum pad. **INTRODUCTION TO GUITAR - 8 Weeks**

Students will learn to read music, play chords, rhythm skills & proper technique of playing the guitar while enjoying this fun class. Minimum of 5 Students per class or classes will be combined. 24001 Ages 5-13 Friday Beg./Cont. Ages 5-13 Friday Ages 14+ 24220 Friday 7:30-8:30pm Begins: Fri. Feb. 1, 2013 Instr: Dio Avila Fee: \$100 Loc: Rowland Heights School of Music & Arts

\$7 materials fee to be paid, in cash, to the instructor at the first class.

Students must bring a guitar (acoustic or electric).

NEW INTRODUCTION TO VOICE - 8 Weeks

In this fun class, the next American Idol may be born!!! Students will learn proper breathing techniques proper voice placement interpretation and expression stage presence microphone techniques and imaging. There must be a minimum of 8 Students per class or classes will be combined.

26008 Beginning Thursday 3:00-4:00pm Ages 5-8 26009 Ages 9-12 4:00-5:00pm Beg./Cont. Thursday 26010 Ages 17-Adult Bea./Cont Thursday 5:00-6:00pm Begins: Thurs. Jan. 31, 2013 Instr: Lilibeth Ona

Loc: Rowland Heights School of Music & Arts \$10 materials fee to be paid, in cash, to the instructor at the first class.

COMPUTER CLASSES FOR CHILDREN

CHALLENGE YOUR COMPUTER SKILLS - 8 Weeks

Do you want to sharpen your computer skills for the next level of learning and learn to type fast? This class will challenge you and teach you useful tools to get ahead in school. Students will get hands on practice in Microsoft Word and Power Point. **No Class Feb. 16**

Ages 8-15 Jan. 19 - Mar. 16 Instr: AGI Academy Instructors Fee: \$130

Loc: AGI Academy-20816 Carrey Rd. Walnut

\$10 material fee due at first class meeting.

This course will help familiarize students with basic Spanish vocabulary, conversation, grammar, and Spanish-speaking cultures with fun-filled, interactive activities. Not only will studying a foreign language help prepare students for their high school foreign language course, but additionally studies have shown that it can also improve students' reading comprehension, listening skills, and memory. Handouts provided to students with vocabulary words and basic phrases based upon and given topic. No Class Feb. 16

Saturday

6208 Ages 8-14 Jan. 19 - Mar. 16 Instr: AGI Academy Instructors Fee: \$130 Loc: AGI Academy - 20816 Carrey Rd. Walnut

\$10 material fee due at first class meeting

WRITER'S WORKSHOP - 8 Weeks

Are you interested in learning the effective, and analytical written communication techniques designed to enhance your academic success? Learn strategies and tools used to write essays, research projects and speeches. Learn how to address writing prompts used on standardized tests. No Class Feb. 16

Jan. 19 to Mar. 16 100005 Ages 10-15 Instr: AGI Academy Instructors Fee: \$130

Loc: AGI Academy - 20816 Carrey Rd. Walnut \$10 material fee due at first class meeting

COMPUTER CLASSES FOR CHILDREN CONT...

CRITICAL READING & WRITTEN EXPRESSION - 8 Weeks

This course helps students strengthen their critical reading and writing skills, both of which are essential analytical skills for academic success. It involves students to identify information and ideas, as well as to bring outside knowledge, biases and values in order to properly analyze a given text. Students will learn how to enhance their reading comprehension skills but identifying important information, assumptions, values, and language use. Learn strategies and tools used to do the written expression and mechanism. No Class Feb. 16

Saturday

Jan. 19 - Mar. 16 100007 Ages 9-13 Instr: AGI Academy Instructors Fee: \$130 Loc: AGI Academy - 20816 Carrey Rd. Walnut \$10 material fee due at first class meeting

DEBATE AND PUBLIC SPEAKING - 8 Weeks

Students will gain confidence speaking publicly and strengthen their interpersonal, problem-solving and communication skills. Furthermore, the debate preparation process requires students to thoroughly research a given topic, to create a persuasive argument, to anticipate their opponents rebuttal and to prepare intelligent responses. No Class Feb. 16 12:00-1:00pm

Instr: AGI Academy Instructors Fee: \$130 Loc: AGI Academy - 20816 Carrey Rd. Walnut \$10 material fee due at first class meeting

100015 Ages 10-14

4:30-5:30pm

9:00-10:00am

1:00pm-2:00pm

11:00am-12:00nm

LEARNING ALGEBRA - 8 Weeks

Representing problem situations with symbolic expressions, functions and equations. Emphasis on properties of operations, rational and irrational number, techniques of manipulating polynomials, solution of open sentence in one and two variables, graphs, and functions. Students will investigate the relationships among data, in particular linear relationships.

No Class Feb. 16 100009 Ages 10-14 Jai Instr: AGI Academy Instructors 3:00-4:00pm Jan. 19 - Mar. 16 Saturday

Jan. 19 to Mar. 16

Loc: AGI Academy - 20816 Carrey Rd. Walnut \$10 material fee due at first class meeting
GEOMETRY STUDIES - 8 Weeks

Apply the properties of congruence transformations, determine the quadrilateral properties, and apply formulas for planar figures and surfaces as well as other applications to similar figures. No 4:00-5:00pm

100011 Ages 10-14 Ja Instr: AGI Academy Instructors Jan. 19 - Mar. 16 Saturday Fee: \$130 Loc: AGI Academy - 20816 Carrey Rd. Walnut

\$10 material fee due at first class meeting

PSAT PREPARATION CLASS - 8 Weeks

Do you want to obtain spectacular scores on your PSAT? Two hours each week for a 8-week intensive learning will be devoted to all three sections for a review with a practical test and detail explanation. Join us for skill building, strategies, practice, and tips on critical reading, math and writing. Students will be given an introduction for what are PSAT and its test format. Materials will be provided on a weekly basis for building the vocabulary, improving critical reading comprehension and written expression as well as the math sections of arithmetic, algebra,

geometry and miscellaneous topics. No Class Feb. 16
16205 Ages 13-16 Jan 19 - Mar 16 4:00-6:00pm Jan. 19 - Mar. 16 Instr: AGI Academy Instructors Fee: \$250 Loc: AGI Academy - 20816 Carrey Rd. Walnut

\$20 material fee due at first class meeting

AP BIOLOGY PREVIEW - 8 Weeks This course is designed for students who are interested in taking the AP or SAT II Subject test in Biology. It aims to provide students with the conceptual framework, factual knowledge, and analytical skills necessary to deal critically with modern Biology. Students will also develop understanding of concepts rather than memorizing terms and technical details, as well as applications of the principles learned to solve specific problems in Biology. No Class Feb. 16 Jan. 19 - Mar. 16 Ages 13-17 Saturday

Instr: AGI Academy Instructors Fee: \$190 Loc: AGI Academy - 20816 Carrey Rd. Walnut \$20 material fee due at first class meeting

AP CHEMISTRY PREVIEW - 8 Weeks

This course is designed to prepare students to attain a depth of understanding of the major concepts of Chemistry and reasonable competence in dealing with chemical problems and to apply its principles to solve specific issues in Chemistry. This class is perfect for students who plan on studying science or engineering in college. Taking the AP Chemistry Test can help students showcase their strengths in learning science for their college study. No Class Feb. 16 Jan. 19 - Mar. 16 Ages 13-17 Saturday

Instr: AGI Academy Instructors Fee: \$190 Loc: AGI Academy - 20816 Carrey Rd. Walnut \$20 material fee due at first class meeting.

CHINESE MARTIAL ARTS CLASSES - 8 Weeks

Comprehensive traditional Chinese Styles of Kung Fu that increases self-confidence & selfdiscipline through all ranges of fighting techniques. ADVANCE BY TEST

35501 Kung Fu Kids/Teens Ages 4-13 8:40-9:10am Saturday Begins: Sat. Jan. 26, 2013 Instr: Jack Yu Loc: RACE Patio Fee: \$68

SPORTS

In these clinic format classes, the instructor will stress team skills through instructional drills & Games while raising each child's self-esteem and a joy of the sport. Parents of ages 4-6 must stav near facility.

BASKETBALL FOR BOYS & GIRLS - 8 Weeks FRIDAY BASKETRALL CLASSES

FRIDAY I	-KIDAY BASKETBALL CLASSES					
31001	Beginning	Ages	4-6	Friday	3:15-4:00pn	
31301	Beginning	Ages	7-10	Friday	4:00-4:45pn	
Begins:	Fri. Feb. 1, 2013	·	Instr: Ada	am Sandoval [*]	•	
Fee: \$60	•	Loc: Shelyn Elem. Outside Court				
SATURD	AY BASKETBALL C	LASSES				
31701	Beg./Cont.	Ages	5-6	Saturday	9:30-10:15an	
32001	Beg./Cont.	Ages	7-8	Saturday	10:15-11:00an	
32501	Beg./Cont.	Ages	8-10	Saturday	11:00-11:45an	
32801	Cont./Inter.	Ages	7-12	Saturday	11:45-12:45pn	
Begins:	Sat. Feb. 2, 2013	·	Instr: Ada	am Sandoval	•	
Fee: \$60	0 Loc: Rowland High Outside Courts					

SPORTS CONT...

2:00-3:00pm

SOCCER FOR BOYS & GIRLS - 8 Weeks

In these clinic format classes, the instructor will stress team skills through instructional drills & Games while raising each child's self-esteem and a joy of the sport. Parents of ages 4-6 must FRIDAY SOCCER CLASSES

Ages 4-6 33001 3:30 -4:15pm Beg/Cont. 33101 Beg/Cont. 4:15 -5:00pm Begins: Fri. Feb. 1, 2013 Instr: Erica Avalos & Zachary Franck Loc: Shelyn Elem. East Field Fee: \$60 SATURDAY SOCCER CLASSES 9:30-10:15am 33201 Beg/Cont. Saturday 10:15-11:00am 33301 Saturday Beg/Cont. Ages 6-7 Ages 8-9 11:00-11:45am 33401 Beg/Cont. Saturday 33501 Ages 10+ 11:45-12:45pm Bea/Cont Saturday Begins: Sat. Feb. 2, 2013 Instr: Erica Avalos Loc: Rowland High East Field

ALL TENNIS STUDENTS MUST BRING TWO CANS OF UNOPENED TENNIS BALLS (Wilson or Penn) AND A TENNIS RACQUET

This class is for fun and fitness. Students will develop techniques for ground strokes, serve & volley along with footwork and coordination. Drills are Emphasized, along with the basic fundamental rules, and scoring

Thursday

Thursday

Saturday

3:00-4:00pm

12:00-1:00pm

FRIDAY TENNIS CLASSES 36001 Beg/Cont.

Advanced

Begins: Sat. Feb. 2, 2013

4:00-5:00pm Beg/Cont. Ages 6+ 36103 Ages 6+ 5:00-6:00pm Advanced Thursday Begins: Fri. Feb. 1, 2013 Instr: Bill Davis & Earl Bernabe Loc: TBD SATURDAY TENNIS CLASSES Ages 5-6 Saturday 9:00-10:00am 36301 Beg/Cont. 36401 Beg/Cont. Ages 7-8 Saturday 10:00-11:00am 36501 Beg/Cont. Ages 9-12 Saturday 11:00-12:00pm Ages 7-13

Ages 6+

Fee:\$60 Loc: Rowland High Courts PRIVATE TENNIS LESSONS: 45 minute class, EIGHT WEEKS--\$170 Arrange time at the Recreation Office Private Lesson Instructor: Mr. Bill Davis

Inst: Earl Bernabe

36101

37001

These dance favorites will be taught in a way that children are sure to enjoy. Your future star will gain flexibility, coordination, self-esteem and learn the basic fundamentals of dance. Students will learn fun routines, enjoyable for even the youngest dancers. Your child will become familiar with proper terminology and classroom etiquette and will enjoy learning in this warm and welcoming

DANCE-BALLET, TAP/JAZZ PRINCESS & ME BALLET - 8 Weeks

44001 Baby Ballet 3:30-4:15pm Ages 3 -5yrs Wednesday 44004 Ballet Tap & Jazz Ages 6+ Wednesday 4:15-5:00pm Begins: Wed. Jan. 31, 2013 Instr: Mary Enriquez Fee: \$60 Loc: Carolyn Rosas Park

HIP HOP - 8 Weeks Kids will get moving to fun and appropriate music! They will learn funky hip hop moves and dances they are sure to enjoy and in the process get great exercise. 42001 Ages 8+

Begins: Wed. Jan. 31, 2013 Fee:\$60 Instr: Mart Enriquez Loc: Carolyn Rosas Park CHEER

"JUST CHEER" FOR CHILDREN- Two 4 - Week Sessions

Come join the fun while learning arm movements, jumps, kicks, tumbling, stunting and cheer routines. Preparing children ages 5-15 for cheer teams while building self-confidence, balance. timing and listening skills. Bring: Tennis shoes, sunscreen and water to each class. Session I Jan. 28 to Feb. 25 *No class Feb. 18

Monday 3:45-4:30pm 43001 "Just Cheer Ages 5-15 Session II Mar. 4 to Mar. 25 43002 "Just Cheer' Ages 5-15 Monday 3:45-4:30pm Fee: \$50 Loc: RACE Outside Grassy Area

NEW!!! ZUMBATONIC (ZUMBA FOR KIDS!!!) ZUMBATONIC'S FOR KIDS - Two 4 Week Sessions

Zumbatonic is a Zumba class designed for children. In this class your child will get a workout and gain confidence, while learning different types of dance steps like, Cumbia, Merengue and Salsa! gain confidence, while learning uniferent types of dances for family and friends to enjoy.

The final class there will be a performance of three dances for family and friends to enjoy.

Thursday 6:00-6:30pm Ages 5-12 6:00-6:30pm

00000 Ages 5-12 Thursday Begins: Wed. Jan. 31, 2013 Instr: Sandra Chavira Fee: \$20 per 4 Wk. Session Loc: Northam Elem, Cafeteria

ROWLAND RACERS

SWIM TEAM/WATER POLO - 8 Weeks This class is for children to develop as swimmers and learn the fun sport of Water Polo. Time is

split between teaching swimming, and developing fundamental Water Polo skills. Students will learn how to tread water, pass and shoot a Water Polo ball, as well as participate in fun games to reinforce theses skills. Must be able to swim 2 Laps & know 2 Swim Strokes 6:00-8:00pm 71001 Water Polo Friday

Begins: Fri. Feb. 1, 2013 Coach: Tyler Watkins & Stephanie Lui Loc: Nogales High School Pool STROKE CLINIC - 8 Weeks

This class is designed for boys & girls who might be interested in joining their High School Swim. The Swim Team will condition your swimmer to get them ready for high school level competition. They will learn stroke form and technique. Must be able to swim 2 Laps and know 2 Swim Strokes. ***Class will start at 5:30pm on the following days, Jan. 29, Jan. 31 & Feb. 7. 71003 Stoke Clinic/Swim Team Tuesday & Thursday

Begins: Jan. 29, 2012 Fee: \$85 Coach: Stephanie Lui & Travis Loie Loc: Nogales H.S. Pool

SWIMMING CONT...

PRIVATE SWIMMING LESSONS - Two 4 Week Sessions

One on One swimming lessons individually designed for the students benefit. Class is highly adaptable to the needs of each swimmer. The water is always heated to at least 82 degrees. Lessons are once a week for 55 minutes, for 5 weeks.

Must be at least 4 years old. Arrange dates/times at the Recreation Office Fee: \$125

SPECIALTY CLASSES

ETIQUETTE CLASS FOR CHILDREN - 8 Weeks LIFE SKILLS FOR TEENS - 8 Weeks

Children will learn communication skills with a strong focus on respect and values. Topics covered will include: being tactful, proper table manners, bullying and social skills. In the Life Skills for Teens course students will learn how to manage a bank account, apply for a job, interview strategies and workplace etiquette. Other topics will include; household chores and

basic cleaning for the college bound student. Ages 7-12 52002 Youth Etiquette 52003 Life Skills for Teens Ages 13+ Thursday 4:45-5:30pm Begins: Thurs. Jan. 31, 2013 Instr: Christina Meacham - Certified Etiquette Trainer Loc: RACE Room 106

Material Fee: \$10 due at first class meeting ICE SKATING FOR THE WHOLE FAMILY

The Rowland Recreation Department is now offering Ice Skating Classes at a new location in Ontario, Center Ice Arena 201 S. Plum Ave. Ontario.

Learn to skate across the ice forwards and backwards, glide on one foot, stop, turn & more! Skate rentals and free public skating the day of class are included. Please arrive at least 15 minutes early for check-in and skate sizing. Dress Warmly!

SKATING FOR TOTS - 5 Weeks Ages 3-5 Feb. 9-Mar. 9 Fee: \$55 11:00-11:30am Saturday SKATING FOR KIDS - 5 Weeks Fee: \$55 11:00-11:30am Ages 6-12 Feb. 9-Mar. 9 Saturday SKATING FÖR TEENS & ADULTS - 5 Weeks 39816 Feb. 9-Mar. 9 Saturday Fee: \$55 11:00-11:30am Ages 13+ TOTS & ME SKATING - 5 weeks

Parent and tot learn to skate across the ice forwards and backwards, glide on one foot, stop, turn & more! Skate rentals and free public skating are included the day of class. Please arrive at least 15 minutes early for check-in and skate sizing. Dress Warmly! TOT & ME (one tot ages 2-5 and one parent) - 5 weeks

Feb. 9-Mar. 9 Fee: \$75 11:00-11:30am Saturday Ages 2-5 KILLIAN COUGAR DEN CLUB-AFTER SCHOOL CHILDCARE Killian Cougar Den Club is a fun, safe place that your child will enjoy attending. Activities include

homework time, crafts, outside play, games, movie days and holiday celebrations! Hours are 1:05pm to 6:00pm. Space is limited 61801 Killian Cougar Den Club

Begins: On-Going Instr: Adreanne Mercado & Maggie Ramadan Fee: \$60 per week Loc: RACE Rm. 105 and Killian Elem. Rm 7

Student Must be Pre-Registered DOG OBEDIENCE TRAINING - 8 Weeks

This class covers basic obedience commands and help with correcting behavior Problems, (chewing, jumping up, digging, housebreaking, etc.) Course is open to all breeds of dogs, 6 months or older (larger breeds accepted at 4 months). Handlers 12 years to Adult. **First** meeting is orientation, held WITHOUT DOGS.

Dog Obedience 8:00-9:00pm

Bring vaccination record & \$10 insurance fee to first class. Begins: Wed. Jan. 30 - Mar. 20, 2013

Instr: Dog Services Unlimited Fee: \$83 Loc: Fullerton Downtown Plaza, located on Wilshire, just east of Harbor Blvd.

PUPPY KINDERGARTEN - 7 Weeks

Establish good manner and socialization skills at an early age through simple obedience training, emphasizing positive reinforcement and gentle handling. For puppies 2-5 months. We will also discuss housebreaking, chewing, nipping, health tips and other topics. Certificates presented at the last class. The first meeting held WITHOUT PUPPIES. Bring vaccination records and \$10 material fee (includes training manual)

7:00-8:00pm

Puppy Kindergarten Begins: Wed. Feb. 13 to Mar. 20, 2013 Instr: Dog Services Unlimited Fee: \$73

CRASH COURSE IN K9 MANNERS - 4 Weeks This fast-pace course is geared for people who need to accomplish their training goals very quickly. Obedience skills will be introduced. & preventive and corrective measures for a variety of bad habits will be discussed. Dogs should be brought to all four class meetings. Handlers 12

Loc: Fullerton Downtown Plaza, located on Wilshire, just east of Harbor Blvd.

years to Adults. Dogs six months. Larger breeds four months. Sun. Feb. 24 to Mar. 17, 2013 Bring vaccination record & \$5 insurance fee to first class.

Instr: Dog Services Unlimited Fee: \$73 Loc: Acacia Park- 1910 Fullerton Creek Road, Fullerton. At the 57 Freeway & Yorba Linda

